



OUR HEART IS IN THE EAST END

Peter Paul eNews - July 2020

Dear ,

Peter Paul sends love and support to you and your families as we continue to navigate these challenging times. Many of us have been rattled by the events of the last few months, and we pray that you and your loved ones remain safe and healthy. This summer the Peter Paul team continues to do all we can to lean into our communities whose needs are among the most critical. Our summer programming seeks to engage students and families both virtually and physically, and we thank you for your continued support in these efforts!

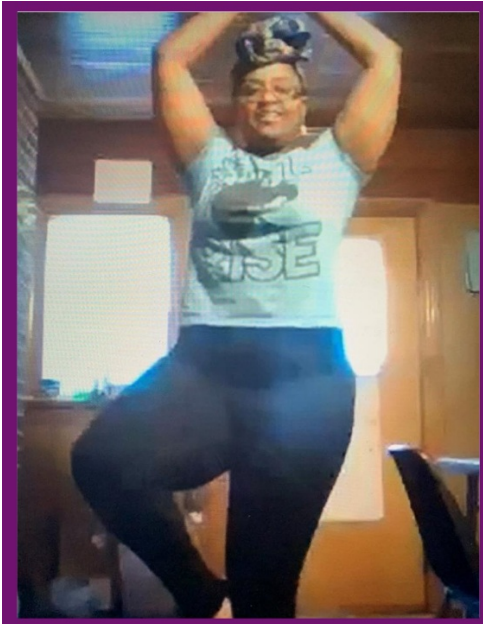
We are excited to share our summer programming updates and community initiatives with you! Please see below for all of this and more; and to hear about the latest updates, connect with us on [Facebook](#), [Instagram](#), and [Twitter](#). As always, thank you for your passion for Peter Paul and our purpose to Educate the Child, Engage the Family, and Empower the Community!



Donate Now

Summer Promise Academy

Our Summer Promise Academy is off to a great start! The Physical Strength, Community & Social Strength, and Mental Strength themed weeks included lessons on mindfulness, movement, and motivation. Peter Paul's students participated in each lesson by learning and reciting affirmations, exercising, participating in yoga, and engaging in meditation practices. **A special thank you to Avail Outpatient Counseling, Art 180, and Fit4Kids for partnering with us!** Additionally we would like to thank Mrs. Adrienne Cole-Johnson and Mrs. Kelly Evans for a family engagement presentation on "How you want the world to see you", Mrs. Angelyn Poe for her lesson on "Unlocking the inner you", Mrs. Eulica Kimber for her reading of "Meko and the Money Tree", and Mr. Trent Cannon of the NY Jets, for leading a special workout series. These virtual lessons were made to accompany Richmond Public Schools' summer academic program. We are excited to be spending the summer with our students, and look forward to the rest of the summer program! For more information on our Summer Promise Academy, click [here](#).



(Mrs. Diamond Harris teaching a yoga lesson)



For additional questions contact Dr. Stephanie Bassett, at sbassett@peterpaulva.org

Join Us On Fridays!

Peter Paul
EDUCATE | ENGAGE | EMPOWER

presents
COMMUNITY CONVERSATIONS

join us on
facebook LIVE
12:00-1:00PM

JULY 24, 2020: MENTAL STRENGTH
JULY 31, 2020: ECONOMIC STRENGTH
AUGUST 7, 2020: HISTORICAL STRENGTH
AUGUST 14, 2020: ACADEMIC STRENGTH

#PETERPAULSTRONG

As a part of our remote Summer Promise Program, Peter Paul is excited to announce a new weekly conversation series. Every Friday from 12:00-1:00pm on [Facebook Live](#), we will host a *Community Conversation* that will explore various themes around **strength**. Join us and engage in these important community discussions. As we delve deep into what it means to educate the child, engage the family, and empower the community within this new remote context, we aim to provide a space for Richmond's children and their parents, not just Peter Paul families. We hope this space will encourage them to engage in educational dialogues and community building opportunities that will equip them with the tools they need to change their community. Click [here](#) to view recordings of past conversations. We hope you join us for this week's conversation on Economic Strength!

Follow our social media pages for more information in the coming weeks.
([Facebook](#), [Instagram](#), [Twitter](#))

Summer Dinner & Discussions Are Underway!



Beef & Asparagus Pasta Toss



Chicken stir fry with Squash and Zucchini



Thank you to all who have joined us for our summer *Dinner and Discussions!*

We have had so much fun having dinner with you! We welcome you to join the Family and Community Engagement staff as we walk through more fun and easy recipes, and dive into discussions around self-care, parenting, and much more. Pull your kids up to your laptop, grab your ingredients, and join us as we break bread together. We look forward to spending this time with you!

Community Food Distribution



Peter Paul recognizes that food insecurity remains a critical concern for our community.

To that end, we are continuing community food distribution every first and third Wednesday at 8:30am in partnership with St. Peter's Episcopal Church and FeedMore. We have determined that this service is a major way for Peter Paul to support our community during these critical times.

If you have any questions about Community Food Distribution, please contact Kim Young at kyoung@peterpaulva.org.

Our Rights Matter



Thank you to all that participated in our community canvas walk this past weekend for the Our Rights Matter Campaign! Please join us on **August 8th at 10:00am** for our next community walk.

Do you work with youth and young adults? Are you interested in educating and empowering them on what to do when they are stopped by the police? Join in with Peter Paul and Legal Aid Justice Center staff for a brief virtual training on **OUR RIGHTS MATTER**. Through this training you will receive information on basic rights when engaging with police officers as well as resources to share with youth. The next virtual training session for this initiative will be held on **August 5th from 11:00am-12:30pm** Click [here](#) to register.

STAY CONNECTED



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