



## Peter Paul eNews - January 2022

Dear ,

**Happy New Year!** The team at Peter Paul sends well wishes to you and your families for a blessed 2022. As we reflect on 2021, we think about the many changes the past year has brought to the parents, students, seniors, and young adults of our community. We have all continued to face ever-growing challenges brought on by increasing COVID variants, a strained economy, and an overall stressful environment. Our parents have expressed the personal exhaustion they feel each day, paired with the uncertainty about how long this pandemic will last. They do their best to work through these emotions while continuing to go to work, be there for their children, take care of themselves, and make ends meet. **We know you share some of these concerns as well.**

Our team carries many of these same feelings as we go into this new year adapting our programming, working to stay connected to families (including our own), and doing all we can to stay safe- one day at a time. **In response to our community's needs, this winter we are focused on providing virtual and in-person programs that serve as the consistent, safe space we all need at this time. We are happy to share that we are currently serving about 220 students across six locations in partnership with Richmond Public Schools' Extended Day Program, and offering a wide variety of in-person and virtual programs for our families and community members.** The team meetings at Peter Paul remain centered around deepening our relationships with those we serve: creatively engaging our students in and outside the classroom, hosting an array of events focused on self-care and mental health, providing meals and essential items to those who need them, and keeping our young adults and seniors connected to their peers when they need each other most.

We know that many of you can relate to the feelings expressed here, and we invite you to stay connected and share space with us too (virtually or otherwise) as you can. **Whatever challenges this new year may bring, we will do all WE can to remain connected to you, each other, and our community.** Peter Paul maintains our hope for the future and will continue to share that hope through safe outreach, engagement, and programming. We send our best to you for a safe and healthy year!

Check out all of our updates below, and find out how you can support our efforts. Don't forget to connect with us on [Facebook](#), [Instagram](#), and [Twitter](#) for the latest announcements. Thank you for your continued passion for Peter Paul and our purpose to **Educate the Child, Engage the Family, and Empower the Community.**

In deepest appreciation,

Damon Jiggetts  
Executive Director



Donate Now

## Join Us For These Events!

**The Parent and Caregiver Hangouts return for another season!** You're invited to join us in-person or virtually as we kick back and just hang out! This space is for you to relax, share goals, vent to, and just vibe with other parents and caregivers in your community. No need to register. Meet us at 1708 N. 22nd Street, or click [here](#) to join us on Zoom. See you there!

Contact Sherika Chew at [schew@peterpaulrva.org](mailto:schew@peterpaulrva.org) or call 804-780-1195 with any questions.



### Engage the Family



**Parent & Caregiver Hangouts**  
with the Family and Community  
Engagement Team

**Jan 27th & Feb 17th**  
**5:30 pm at Peter Paul & on Zoom**  
Meeting ID: 967 2308 1481  
Passcode: 634296

Need a safe space to kickback with other adults? Take a break and hangout with us! This hangout will continue the same flow as past hangouts but with more of a relaxed feel. Tell a friend to tell a friend!

1708 N. 22nd Street Richmond, VA

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We'll also be hosting more *Community Mental Health Sessions* this winter in partnership with [Richmond Behavioral Health Authority](#).

Chef Keymax will cook dinner for us as our hosts lead us through wellness activities, and share tools for attendees to relax, revive, and rejuvenate during these stressful times. Children are also invited to join us as "child-minding" will be provided. Contact Sherika Chew at [schew@peterpaulrva.org](mailto:schew@peterpaulrva.org) or 804-780-1195 for questions or transportation needs.



### Community Mental Health Sessions

Feb. 3rd & Feb. 24th at 6:00 pm  
1708 N. 22nd Street Richmond, VA

We hear the exhaustion you're feeling and invite you to **join us as we gather to provide a safe, organic space to explore easy ways to relax, revive, and rejuvenate.** Dinner and "child-minding" provided. Transportation can also be provided upon request!

Hosted by Chimere Miles, Peter Paul's Family and Community Engagement Liason & Ivy Bell, RCHD Community Health Worker

In partnership with  
**RBHA** RICHMOND BEHAVIORAL HEALTH AUTHORITY

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Check out our [Community Calendar](#) for more information on upcoming events!

## Prioritizing Safety

With the surge of the Omicron variant across our communities, Peter Paul remains committed to continuing COVID safety precautions including mask-wearing at all sites, multiple sanitation stations, and frequent hand-washing. The Coleman Center is also sanitized and disinfected at the end of each day to help prevent the spread of infection. We look forward to a safe and happy winter season with our students of the Extended Day Program!



## Community Pop-Ups: Volunteers Needed!

**Looking to get involved?** Join our Family and Community Engagement team at one of our community pop-ups this winter! Volunteer to pack support bags with essential items, and/or walk with us to distribute these bags and hot meals around the neighborhood. On Feb. 10th, we'll also be handing out Valentine's Day cards and treats to show our neighbors extra love! Community pop-ups will be happening on:

**Feb 10th 4:30-5:30pm** Location: Coleman Center (1708 N. 22nd St.)

**March 3rd 3:00-5:30pm** Location:TBD



Contact Joy Gilchrist at [jgilchrist@peterpaulva.org](mailto:jgilchrist@peterpaulva.org) to sign-up to volunteer!

## Sponsor a Field Trip to the Caverns

Can you help our Peter Paul families have a once-in-a-lifetime experience? This April, we are taking families on a fun and safe trip to Luray Caverns, and are asking for your help in making the day extra special! Members of the Promise Family Network and Z-LIFE will charter a bus to Luray where they will tour the caverns, enjoy lunch together, and get to pick something out from the gift shop to remember the day's adventure! Your support will cover the costs of transportation, admission, food, and the gift shop. Interested in sponsoring this amazing experience for our families? Please contact Sarah Young at [syoung@peterpaulva.org](mailto:syoung@peterpaulva.org).



## Welcome, Tyree!



Join us in welcoming our new Z-LIFE Coordinator, Tyree Prince! Tyree has twenty-plus years of experience working in the community with children and families. He has worked as a residential counselor, mental health support worker, therapeutic mentor, parenting coach, probation officer, substance abuse counselor, and program director at the Boys & Girls Club. Tyree is highly motivated and committed to building strong, lasting relationships with the individuals of the Z-LIFE program to help them reach their goals. We are so excited to welcome him to the team! He can be reached at [tprince@peterpaulva.org](mailto:tprince@peterpaulva.org) or (804) 780-1195.

## Supporter Survey

Are you a Peter Paul supporter? Take 60 seconds to tell us about your experience!

SHARE MY EXPERIENCE



STAY CONNECTED



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